

## PROGRAMS OFFERED

### PRECANSKATE

Suitable for beginners age 3+ After completion, skaters may advance to the Canskate program

### CANSKATE

Canada's flagship skating program designed for skaters who have completed the Precanskate program or age 5+ with basic skills. This program is beneficial to skaters interested in or participating in all ice sports (hockey, ringette, figure skating) – must be able to stand up and move independently

### POWERSKATE

Suitable for skaters 12 & under. Must have passed Stage 2 Canskate or be able to stop, turn, skate forward & backward without a stick. Skaters will be assessed by coach on first night to ensure they meet the program standards

### 2022 SPRING SCHEDULE

(Week 1: Tony Rose Rec Centre)

(Week 2-5: Alder Rec Centre – Green Rink)

**NOTE:** A \$45 insurance fee per skater will be added to the costs below, unless paid previously this season. This fee is payable once per season and will not be charged on any subsequent registrations during the 2021-2022 year (Sept 1-Aug 31)

		5 weeks	
MONDAYS		March 28 – April 25	
PRECANSKATE	6:00-6:30 pm	\$95	
CANSKATE	6:20-7:00 pm	\$120	
CANSKATE – Private/Semi-Private Lessons (available to skaters registered in the Monday 6:20 Canskate program only)	6:55-7:10 pm	\$40	
TUESDAYS		March 29 – April 26	
POWERSKATE	5:30-6:10 pm	\$120	
THURSDAYS		March 31 – April 28	
PRECANSKATE	6:00-6:30 pm	\$95	
CANSKATE	6:20-7:00 pm	\$120	
CANSKATE – Private/Semi-Private Lessons (available to skaters registered in the Thursday 6:20 Canskate program only)	6:55-7:10 pm	\$40	